

## Tool 4: Effective use of power and authority

### Supervision styles exercise

**Purpose:** Supervising the supervisors. You are all being yourselves (this is not a role play).

#### In groups of three:

- > One of you is the supervisee reflecting on your style as a practice supervisor, your strengths and areas for development in your use of power and authority
- > One of you is the supervisor offering some personal supervision time to the practice supervisor, helping them to reflect on their supervision style
- > One of you is observer giving feedback to the supervisor and supervisee on their skills in having a critically reflective supervision conversation

You will have 15 minutes of supervision time then 10 minutes of observer feedback and 5 minutes general discussion.

#### In groups of four:

Two of you are observers, one of you giving feedback to the supervisor and one to the supervisee on their skills in having a critically reflective supervision.

**Make notes from the feedback discussion** on developing effective use of power and authority for your own personal reflection:

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