



Film 1: Val and James – “Do you have any agenda items?”

In this film James is saying he is anxious about something that has happened. He is not being heard by his supervisor.



Questions for reflection:

1. Val is keen to have an agenda. Why is an agenda important in supervision and what should it include?
2. How is the supervision relationship working? What might help?
3. What feedback would you give to Val about the supervision practice you have seen?
4. How can you create a culture of openness for practitioners to express anxiety?
5. What is the role of supervision in supporting anxiety?



Some useful resources:

- TTSDP Tool 32: Supervision self-audit
- TTSDP Tool 39: Building a good relationship
- TTSDP Tool 38: What works for me
- TTSDP Tool 40: Supervision agreement