

Tool: Six principles of a supportive organisation when remote working

Working remotely - COVID 19 principles

- 1** You are not “Working from Home”, you are “At your home, during a crisis, trying to work”.
- 2** Your personal physical, mental, and emotional health is far more important than anything else right now.
- 3** You should not try to compensate for lost productivity by working longer hours.
- 4** You will be kind to yourself and not judge how you are coping based on how you see others coping.
- 5** You will be kind to others and not judge how they are coping based on how you are coping.
- 6** Your team’s success will not be measured the same way it was when things were normal.

from Central and North West London NHS Foundation Trust