

Tool 30: Audit of supervision principles

The principles of good social care practice with adults and carers and good supervision are the same.

This tool enables you to consider how far your supervision or your organisation's supervision reflects these principles and what you might do to embed them.

You can use this tool in individual or group supervision to consider how far your supervision meets the aims. You can also use it when reviewing supervision or as an evaluation tool. Organisations can use the tool to identify actions for organisational improvement. It therefore enables learning, identification of support and mediation of relationships in the organisation.

In our supervision we...	1-5 (1 = low)	Comment	Actions to embed the principles	When and who will do these actions
Keep adults and carers at the centre of all that we discuss				
Behave in the same way that we strive to behave with adults and carers, including taking a strengths-based approach				
Work through a relationship to support us to achieve outcomes				
Are aware of power and accountability, and exchange expertise				
Are clear about ethics				

In our supervision we...	1-5 (1 = low)	Comment	Actions to embed the principles	When and who will do these actions
Work within the framework of social care law				
Are evidence-informed, learning from adults' and carers', from practice experience and from research				
Are reflective about what is happening, why and how it can be improved				
Make every supervision contact count				
Try to understand what difference we make				
Are attentive to individuals and to the context				
Recognise that change requires support				